

2024 - 2026 GFWC-NC President's Special Project

The 2024-2026 GFWC of North Carolina President's Project will highlight the importance and value of the Fine Arts in schools, in therapy, in everyday life, and in our communities to promote cohesion and inclusiveness. The Arts are used to communicate ideas. They are a tool for self-expression, a form of therapy, and they shine a light on the meaning of life.

Membership and Leadership will continue to be a focus for GFWC and GFWC of North Carolina. They go hand in hand. Confident and competent leaders attract members, and members are our future!

Our focus is Arts, Hearts, and Minds. So, we encourage you to...

Find your Beat and Join the Rhythm!



<i>Upper Mezzanine</i>	<i>Mezzanine</i>	<i>Orchestra</i>	<i>Box Seats</i>	<i>Patron</i>
\$25	\$50	\$125	\$250	\$1000

Arts, Hearts & Minds Society - Donor Levels

Funds raised for the President's Special Project will be distributed to organizations across the state that support the President's Special Project Goals. Our goal is to raise \$12,000 during the 2024-2026 Administration. Join us at the Summer Meetings on July 27th in Hickory and on August 3rd in Wilmington to learn more about how to support organizations in your communities.

President's Special Project Chairman *Kandace Hill*

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President's Project Committee Members

Eleanor Oliver - eohome@aol.com

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PRESIDENT'S SPECIAL PROJECT



GFWC-NC 2024-2026 Administration

President *Karen Throckmorton*

President-elect *Cindy Hewett*

1st Vice President *Ashley Rain*

2nd Vice President *Helen Richie*

3rd Vice President and Director of Junior Clubs

Rebecca Duffy

Secretary *Angela Richard*

Treasurer *Anne Moell*

President's Special Project

Arts & Literature

The arts are the product of, and the window to, our soul.

- ▶ Host or sponsor an artistic event to raise funds to sponsor community art, music, and drama programs or volunteer to usher at outdoor dramas or local theatres.
- ▶ Utilize local student jazz combos, string quartets, etc. to perform at club events and fundraisers.
- ▶ North Carolina Theatre Conference - Statewide Service and Advocacy for the theatre -- www.nctc.org
- ▶ Must See Murals in NC -- www.visitnc.com/story/inac/must-see-murals-in-north-carolina

Civic Engagement & Outreach

Art captures a moment in time, historical events, social ideas, and concepts, and political or social commentary.

- ▶ Give the gift of a musical tribute, tickets to a concert or play, to a local hero; Police, EMT, and Firefighters to thank them for their service.
- ▶ Work with a Veterans organization in your area to hold a painting social or trip to a local art museum, concert or play or sponsor an art or painting class for veterans.
- ▶ Music heals and helps service members, veterans, and their families transition from service to new communities.

Education & Libraries

Participation in music, the visual arts, and dance is linked to better performance in mathematics, science, and creative thinking.

- ▶ Arts education benefits all students, especially those who are educationally or economically disadvantaged.

- ▶ Partnerships among teachers, students, parents, and community groups are often strengthened by arts education.
- ▶ Support Title IV-F: Assistance for Arts Education (AAE)
- ▶ Artsaccessinc.org - North Carolina organization that wants to enable children and adults with disabilities to have full access to and participation in arts programs, workshops, and summer camps.

Environment

The Earth without Art is just 'EH'

- ▶ Collaborate with your local Town or City on a mural project.
- ▶ Re-purpose used instruments - Upcycle Instruments - Sponsor a recycled art contest for art projects made using recycled materials for area artists or the Art Association
- ▶ Visit Music Trails - Blue Ridge Mountain Trails - www.blueridgemusicnc.com. The African American Music Trails of Eastern North Carolina celebrates some of the most transformative figures in the history of jazz, gospel, and popular music; ahnc.nc.gov

Health & Wellness

Artistic exploration promotes the ability to pay attention for longer periods of time.

- ▶ For the heart and soul – Sponsor or attend a dance class with club members and friends.
- ▶ Mental health is health – Raise awareness and advocate for legislation that supports Arts and Music Therapy for mental health programs in North Carolina.
- ▶ Music Therapy – The best kept secret in Addiction Recovery - www.iltreatment.com/music-therapy-for-drug-addiction/ - thewillowsatreoak.com/addiction-blog/music-therapy/