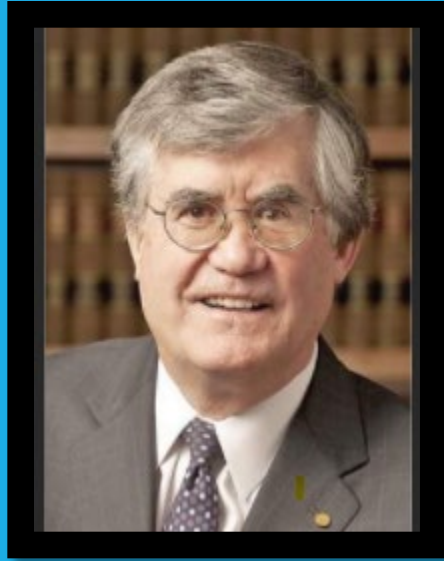


JOHN T. BRODERICK, JR.



SENIOR DIRECTOR OF EXTERNAL  
AFFAIRS FOR DARTMOUTH-  
HITCHCOCK HEALTH

*EDUCATE - ADVOCATE – DONATE*

*MAY IS MENTAL HEALTH AWARENESS  
MONTH*

# Mental Health Awareness



YouTube

[John Broderick: From Chief Justice to Mental Health Crusader - YouTube](#)

**KNOW THE 5  
SIGNS OF  
EMOTIONAL  
SUFFERING**

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**PERSONALITY CHANGES**

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**AGITATED**

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**WITHDRAWN**

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**POOR SELF CARE**

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**HOPELESSNESS**

# R.E.A.C.T.



Recognize the signs of emotional suffering



Express concern and offer support



Act now and talk to someone you trust- parent, teacher, coach, relative, friend, doctor



Care enough to follow through and follow up



Text 'signs' to 741-741 or call 603-448-4400 (24/7)

DO YOU HAVE A  
PROJECT YOU'D  
LIKE TO SHARE?

ANY QUESTIONS?

NEED SUPPORT?

CONTACT US!

Chairman

**Chris Angotti**



Junior  
Chairman

**Sharon Day**