



GFWC of North Carolina

“Doable” Projects

24 Successful Club Projects

Arts CSP

ROCK IT! With The Girls On The Run

The creativity with this club's project also celebrated the 10th Anniversary of Girl's On the Run GOTR. “Spirit” rocks were painted with creative designs and encouraging words. Examples of the signs were fish, mandalas, “Seas the Days,” “Be Amazing”, and “SMILE.” The girls were challenged to present cheers or chants referencing the principles of GOTR to be judged. Members of the club judged the competition on creativity, enthusiasm and demonstration of the principles via videos. Girls on the winning team were presented with the rock of their choice at a celebration.

Club: GFWC- NC Statesville Woman's Club

Contact: Sandra Ball Poole / sandrapoole@roadrunner.com, 646-334-5979

Burial Gown Project

This art and creativity project was one in three phases. 1. Collecting wedding dresses and having them cleaned. 2. Disassembling the dresses for the design to be sewn. 3. Sewing, competing and presenting the dresses to the local hospital for their use when a death occurs of a small child.

Club: N.C. Sorosis

Contact: Anne Tremblay / tremblayann@yahoo.com, 910-612-6194

Alzheimer's Sensory Blankets

Creativity was truly displayed as this club collected and bagged sensory items such as beads, cording, small stuffed animals and other items to attached to the backing. Work was done on the blankets by taking the selected notions and machine or hand stitched various sensory items to the blankets.

Blankets were donated to the Memory Unit and Dementia Support Group residences in Wake Forest.

Club: Wake Forest Woman's Club

Contact: Hilda Parler / hilda.parlerwfwc@gmail.com, 919-357-4649

Conservation CSP

Recycling Day

A day designated for shredding of documents, acceptance of all types of electronics, appliances, construction materials, furniture and cabinets, toilets, pesticides, etc. Newspapers and old towels are collected and given to the local animal shelter. Members participated in Clean Sweep Day in April by cleaning the shoreline around Kerr Lake.

Club: Woman's League of Henderson

Contact: Linda Weaver, President / lindab@centurylink.net, 252-431-4761

Turtle Patrol Turtle Talk:

GFWC of Holden Beach sponsored the Holden Beach Turtle Patrol "Turtle Talk" at Virginia Williamson Elementary School in Bolivia, N.C. Students learned about the life cycle of a sea turtle and what the Turtle Patrol's role is in the preservation of sea turtles. The preservation and protection of the sea turtle population is important.

Club: GFWC of Holden Beach

Contact: Holly Coleman, hollyc311@gmail.com

Beautification And Ecology Of Our Community:

The Greensboro Woman's Club owns an historic clubhouse, the Weir-Jordan House. Members of the Conservation CSP Committee and others spend an afternoon working in the yard of the house. New shrubbery and flowers were planted, soil and retaining blocks were added to beds, soil was put down where needed and grass seed was planted. The brick sidewalk had become unstable and uneven, posing a hazard to everyone that uses the building. A young boy scout working on his Eagle Service Project worked on this project, replacing the bricks and making the sidewalk more stable.

Club: Greensboro Woman's Club

Contact: Maxi Walker, President, maxihwalker@yahoo.com /490-530-1240

Education CSP

Teacher Appreciation

The Burlington Woman's Club showed their appreciation for an elementary school staff's dedication to their students in the fall with a beautifully decorated spread of breakfast bars, Halloween candies, fresh fruit, chips, and bottles of water. The refreshments were presented in such a way that teachers and staff could take numerous items back to their rooms to enjoy during the week. In addition gift cards were awarded to four individuals. Before Christmas, members made brownies, cheez mix, reindeer mix, Russian tea, Christmas cookies, and provided cheese and crackers, and fruit. Four handmade holiday decorations were given as door prizes. This project will continue throughout the school year.

Club: Burlington Woman's Club

Contact: Sandra Arnette / arnette9267@bellsouth.net, 336-226-9267

Inspirational Speakers

Many clubs feature inspirational speakers at general meetings. The choice of The Woman's Club of Raleigh was Astronaut Leland Melvin. Through donations and purchases of his book, Chasing Space, Young Readers Edition, 79 copies were contributed to Title 1 Schools in Wake County Public School System in his honor. Leland Melvin had many challenges to overcome to become an astronaut, including walking away from being an NFL football star to pursue more education in science. His story is highly motivational and the children reading his book will surely see him as a hero who is urging them on to greater achievement.

Club: Woman's Club of Raleigh

Contact: Mary Derrick, President / mderrick@bellsouth.net, 919-851-8004

Dr. Seuss Birthday Celebration

Many clubs choose to organize Dr. Seuss birthday celebrations, but GFWC-NC Statesville WC expanded their celebration to a newsworthy event. They not only appeared in the school dressed as Cat in the Hat and Thing 1 and Thing 2, but faculty and staff dressed as favorite characters as well. New books and stuffed toys were donated to the school; and “party boxes” were awarded to the winners of the Dr. Seuss Door Decor contest. Clubwomen planned the event, read, guided guests, judged contests and provided refreshments for guests and faculty. Community volunteers who came to read and interact with the children included the mayor, police officers, firemen, attorneys, educators and members of several civic groups.

Club: GFWC- NC Statesville Woman’s Club

Contact: Sandra Ball Poole / sandrapoole@roadrunner.com, 646-334-5979

Home Life CSP

Opioid Abuse Awareness

Because of the rising numbers related to opioid abuse, the Greensboro Woman’s Club invited the Director of Emergency Services to address the topic at a club meeting. Preventive measures, local treatment options and the identification of local community support options were discussed. Members left with a much more knowledge about this terrible epidemic.

Club: Greensboro Woman’s Club

Contact: Maxi Walker, President, maxihwalker@yahoo.com /490-530-1240

“Yoga Night” Class and Dinner Meeting

The GFWC-NC Statesville Woman’s Club welcomed a local yoga instructor for an invigorating, educational introduction to the health benefits of yoga. Members were led through a 30-minute series of head-to-toe stretches for flexibility, strength and relaxation. After class, grilled chicken salads and a light dessert were served. The event was well publicized and proceeds from the dinner were donated to the March of Dimes.

Club: GFWC- NC Statesville Woman’s Club

Contact: Sandra Ball Poole / sandrapoole@roadrunner.com, 646-334-5979

Senter’s Rest Home Project

The GFWC Fuquay-Varina Junior Woman’s Club partnered with a local memory care facility to spread cheer during various holidays. They did Christmas Caroling, which included the young children visiting residents, and provided refreshments and goodie bags for residents and children. For Valentines Day, the club hosted a “Valentines Ball” with grape juice in wine glasses and cookies. Some residents even invited dates! The club members presented “goodie bags” with a Valentine theme and designed personal valentines for the residents.

Club: GFWC-NC Fuquay-Varina Junior Woman’s Club

Contact: Rebecca Duffy / rmouberry@yahoo.com, 919-523-6279

International Outreach CSP

Sorting Food / Food Bank

Catholic Parish Outreach, a Catholic Charities of the Diocese of Raleigh program, is celebrating 41 years of serving the triangle community. They provide emergency food assistance and, when possible, small children's clothing and baby items, such as formula and diapers. CPO largely serves many members of our international community such as refugees and English as a second language speaker. The Junior Woman's Club of Raleigh spent January 27 helping sort good produce from bad, shelving and organizing food, bagging supplies and cleaning the food storage area.

Club: Junior Woman's Club of Raleigh

Contact: Christy Frisbee, President / clc0311@yahoo.com, 919-749-3362

Smile Bags

In Spring 2018 the Henderson Junior Woman's Club donated \$206 to Operation Smile to purchase over 200 child life therapy or "smile bag" supplies including foam balls, coloring books, construction paper, stickers, shampoo, toothbrushes, and soap. The club also purchased medical record supplies including staplers, sticky notes, and highlighters.

Club: Henderson Junior Woman's Club

Contact: Jenna Pulley, President / junebug0913@hotmail.com, 252-572-3894

Website: <https://www.operationsmile.org/content/smile-bags>

Bra Collection / Free the Girls

Greensboro WC had a truly successful and popular project. Members were asked to collect new and gently used bras for Free the Girls, a non-profit devoted to helping sex trafficking survivors in other countries forge a path to freedom. Bras of all sizes and styles including sport bras and camisoles were donated. Donations helped survivors of human trafficking start their own businesses selling bras in their local second-hand clothing markets while they recover and build their new lives. A newsletter article was written explaining our collection and the mission of this organization. Members donated over 150 bras, which were sorted, packed and shipped. The Free the Girls program currently works in El Salvador, Mozambique and Costa Rica. They collaborate with partners on the ground in these countries to encourage, equip, and empower girls and women to earn a safe income selling bras. These partners work closely to provide programming for holistic reintegration.

Club: Greensboro Woman's Club

Contact: Maxi Walker, President / maxihwalker@yahoo.com, 490-530-1240

Website: <https://freethegirls.org>

Public Issues CSP

Wreaths Across America

Several clubs participated in this project in various ways. Your club can donate \$15.00 per wreath to www.wreathacrossamerica.org; members can participate in the wreath laying at Arlington National Cemetery, or, like Fuquay-Varina Woman's Club, you can research and identify the veterans interred in a local cemetery, solicit for donations of materials for wreaths, and recruit community members such as high school students and veterans to help with the laying of the wreaths.

Club: Fuquay-Varina Woman's Club

Contact: Julia Yeargan, President / juliayeargan@embarqmail.com, 919-552-2912

Safety

Local police departments are very willing to speak to your club about personal safety as well as internet scams. Fire departments will come for a program on home safety, and fire and smoke alarm awareness and Automated External Defibrillators. Southport Woman's Club hosted a female officer from the local Sherriff's Office at a meeting to share tips on women's self-defense. Thirteen members took her self-defense class and donated \$100 to the local sheriff's self-defense program.

Club: Southport Woman's Club

Contact: Co-President Audrey Daigler daiglera@atmc.net, 910-253-4473
Co-President Rose Tiani rtiani@ec.rr.com, 724-809-3839

Organize A Clothing Closet

The Junior Woman's Club of Raleigh knew that a local high school keeps a clothing closet where students in need can obtain items to wear. Staff members refer students to the closet and the clothes are provided to the students free of charge. The club's first year members chose to help organize and clean this closet so that students would have a better working space when they come to get their clothing.

Club: Junior Woman's Club of Raleigh

Contact: Christy Frisbee, President / clc0311@yahoo.com, 919-749-3362

Fundraising

Condo Stay Raffle

The Zebulon Woman's Club sold raffle tickets for a one-week stay at a condo on Beech Mountain. This was a huge success as over \$5,000 was raised from ticket sales. (14 members, 30 hours, \$5,535 raised)

Club: The Zebulon Woman's Club

Contact: Sherri Barham, sherritantbarham@gmail.com

Charity Ball

This is an annual event and in November 2018 raised more than \$15,000. Each member was required to participate and began in January by soliciting sponsorships and silent auction donations from small businesses locally, and large corporations nationally. Silent Auction "Basket Night" preparation was held. On the day of the event club members decorated the local venue. During the event, a 50/50 raffle was held and a live auction was held at the close of the evening for the guests to purchase decorations. (20 members, 202 hours, \$15,550 raised)

Club: Fuquay-Varina Junior Woman's Club

Contact: Kathleen Honeycutt, kathleen@tygof.com

Box Lunch

This is an annual fundraiser held in April. All orders were pre-sold to local businesses. Members deliver order forms and return one week prior to the lunch date to collect orders. The Box Lunch consists of a turkey croissant, pickle, potato salad and earthquake cake. Members gathered at a local church to prepare lunches. Tables were setup to place assigned lunch orders and by noon, 1000 lunches had been boxed and delivered. (57 members, 567 hours, \$5291 raised, \$483 in-kind)

Club: Fuquay-Varina Woman's Club

Contact: Julia Yeargan, President / juliayeargan@embarqmail.com, 919-552-2912

Women's History & Resource Center

Little Free Library

By 1933, GFWC had founded 75% of America's public libraries. In 1997, GFWC renewed its commitment to libraries with the Libraries 2000 project. Keep the tradition going by donating a "Little Free Library" in your community. The library box can be ordered at littlefreelibrary.org or consider working with your local high school woodworking class to have one built. The library can be painted or decorated to represent your club and club members regularly restock books.

Club: GFWC-South Brunswick Islands

Contact: Polly Russ, President / pgruss@atmc.net

Federation Day Celebration

There are many ways to celebrate Federation Day, but why not consider bringing attention to the women's history and the history of your club? You may be a new club trailblazing your community or maybe you're a hundred years old still going strong. Be sure your community knows who you are and what you do! Ask the mayor to sign a proclamation, host a public event at the local library, invite charter clubwomen and past presidents to recount your history, connect the past to the present.

Club: The Woman's Club of Clayton

Contact: Donna Steele, dhsteele249@yahoo.com

Club: GFWC of Holden Beach

Contact: Holly Coleman, hollyc311@gmail.com

Club: GFWC-South Brunswick Islands

Contact: Tammy Kesky, drtammy@atmc.net

Website Improvements

Do you have a club website? If not, get one now. If you do, it's likely time for an update. Be sure your photos, events and meeting dates are current. Potential members need to know who you are and where to find you. Create a tab that includes "Archives". This may be your annual club histories, meeting minutes, and photos of past events and old documents. Be sure to emphasize the impact you make on the lives of others! Don't forget to include to add links for www.gfwc.org, www.gfwcnc.org, and your district website, along with any social media contact info.

Club: GFWC-South Brunswick Islands

Contact: Lynn Watkins, lynnwatkins804@gmail.com www.gfwcsbi.com